

SG MAGNECAL D SUPP FACTS

Directions: Adults take four (4) tablets daily, preferably with meals.

Supplement Facts

Serving size: 4 Tablets

Amount Per Serving		%DV
Calcium (as Calcium Citrate and Calcium Carbonate)	500 mg	38%
Magnesium (as Magnesium Citrate and Magnesium Carbonate)	500 mg	119%
Vitamin D3 (as Cholecalciferol)	1000 IU	125%
Silicon (as Calcium Silicate)	9 mg	†
Boron (as Boron Citrate)	1.3 mg	†

†Daily Value (DV) not established.